

# MASTEREIGN

## ENRICHMENT GROUP

From Success To Significance



[WWW.MASTEREIGN.COM](http://WWW.MASTEREIGN.COM)



## VISION & MISSION

To be Asia Pacific's best and most admired holistic enrichment group.

To thrive as a leading holistic tribe with a heart to serve and a passion to make positive impact in Singapore and the region. The journey is from success to significance.

## OUR CULTURE

As a united tribe, we have a continuous growing organizational structure that does not stifle but instead encourage each individual to be innovative and enterprising. That means we have the courage to take creative risks, embrace change and push the envelope to profit others.

We believe in creating value for our customers, bringing benefits to our associates and being the source of tremendous blessing at large.

Our leaders know where they are going and we follow and commit ourselves to the vision. We let tribal customs thrive by mutually respecting and recognizing one another's contributions and talents.

The journey ahead is not without obstacles but in the midst of it all, we remember to celebrate life and cheer everyone to finish strong in the race.

## OUR CUSTOMERS

Since 1997, we have served more than a quarter of a million youths and adults in over 300 government schools and educational institutions. Many are customers who have stayed with us for years and on that note, we are grateful and humbled.

Our tribal values which are spelt out in the 4Rs have effectively served as practical guideposts for us to grow and thrive.

**RESPONSIBILITY** - We can be trusted to do what we have promised. We do what is right with integrity and sincerity.

**RELATIONSHIP** - We care for the quality of life of each person. We inspire compassion, optimism and fun wherever we are.

**RESULTS** - We encourage ownership and work practices that lead to a strong finish. We plan wisely, monitor closely and overcome problems through creative solutions. We want only excellent and remarkable outcomes.

**REWARDS** - We practise sound stewardship principles. We are a generous tribe and we reward the best in the land. We are transparent and fair in our dealings and these are what make this tribe attractive and authentic.



## OUR PROGRAMME MANAGER



**Tan Wei Leong**

As an EM3 primary school student from a disadvantaged background, discouraged by poor school grades and entrapped in petty gangsterism, Tan Wei Leong could easily have ended up a grim statistic. But Wei Leong discovered his own athletic prowess in Primary Five and with this first brush with Hope, a consuming passion for sport was born.

Since then, with timely guidance from the Samaritans in his life, Wei Leong has never looked back in his headlong pursuit of sports excellence, first as an athlete, then as a coach. For the future, he hopes to be as an ambassador of sport as well.

The upliftment of lives through sport, particularly for the disadvantaged, is central to Wei Leong's mission. While the success of a coach is conventionally gauged by the silverware he wins, Wei Leong sees a bigger, more meaningful and inclusive role for sports in shaping his young charges' lives. Thus, while not everyone can be a champion athlete, in Wei Leong's book, everyone can enjoy a healthier and fun-filled life en route to becoming a better human being through sports participation.

His difficult early background has whetted Wei Leong's appetite for lifelong learning. When once he never envisioned studying beyond his N Levels, in 2011, Wei Leong completed the University of Wolverhampton's B.Sc (Sports Coaching) course with honours and at the top of his Singapore class. He is currently pursuing his Masters degree in sports management at the Sheffield Hallam University.

Since 2011, Wei Leong has been an accredited NROC Master Coach. He has twice been awarded the prestigious National Coach Recognition Award by the Singapore Sports Council in recognition of his sterling contributions to developmental coaching. Wei Leong holds Levels 2 (General) and 4 (Sprints and Hurdles) coaching certificates from the International Amateur Athletics Federation, graduating consistently among the top three coaches in his cohort.

Wei Leong's coaching career began while he was still a polytechnic student in 1998. With 13 years of coaching experience behind him, he has identified and groomed many national junior athletes.

His silverware from the annual National Primary Schools Championships includes a total of eight divisional championship trophies. These aside, Wei Leong counts teachers, a distinguished army officer, a vice-principal and a company director among his former athletes, evidence of his emphasis on the inculcation of life values through sports.

As a manager, Wei Leong has organized meets both in Singapore and Malaysia and led teams to regional track events. As a trainer of coaches, Wei Leong has opened doors for promising individuals to begin their coaching careers by presenting them with training and employment opportunities.

To his profound satisfaction, the teams under his protégé coaches won five divisional titles for their respective schools at the 2011 National Primary Schools Championships.

At 31, Wei Leong's current focus is to employ his coaching and management philosophy in Mastereign's multi-disciplinary sports courses and prepare his senior national athletes for the SEA Games. His Vision for Mastereign programme through fellow coaches, “First class Athlete values, winning second”.

## OUR ASSISTANT PROGRAM MANAGER



**Alwyn Tham**

Alwyn has been active in the sports and education industry since 2008. Being one of the freelance trainers for Mastereign, he was responsible for talent spotting and training students in various basic and competitive sports. He was awarded the Star Trainer for 2010.

He has also coached with Brazilian Soccer School for 3 years before turning fulltime with Mastereign. He is well-versed in fundamental and developmental sports, and is a qualified coach for Dodgeball and Tchoukball. He has represented the nation twice in Dodgeball competitions and it was in 2010 that his team won the first ever Asian Dodgeball Federation Summit Competition.

### **Education & Professional Development**

Diploma in Sports & Exercise Science  
NCAP level 1  
Tchoukball Coaching License  
Dodgeball Coaching License

### **Professional Affiliations**

Secretary-General of the Dodgeball Association of Singapore

### **Honors & Awards**

Represented Singapore in two Dodgeball competitions :  
Asian Dodgeball Federation Summit, Philippines, 2010 (Winners)  
Malaysia Association Dodgeball International Friendly, Malaysia, 2011

## OUR MAIN TRAINERS

Edward Seah | Han Soon Kiew | Neoh Yihui | Danny Wang | Tony Ng | Adrian Tan | Mikel Tan | Alan Tan | Alif hafiz | Danica Toh | Kingsley Chan | Mohd Sani | Pris Koh | Esther Quek

# Premium Sports



## MPS 001 Archery

Archery is the art, practice or skill of propelling arrows with the use of a bow. This is a basic level fun and interactive programme to expose and introduce students to archery.



## MPS 002 Bossaball

Bossaball is an exciting sport invented in Spain. It is similar to volleyball, but also includes elements of football (soccer), gymnastics and capoeira. It is played in a specialized arena requiring sufficient time for set-up.



## MPS 003 Bowling

Bowling is a sport in which players attempt to score points by rolling a bowling ball along a flat surface, usually a wooden or synthetic surface, either into pins or to get close to a target ball. This programme will be held in a bowling alley conveniently located to the school.



## MPS 004 CrossFit

CrossFit is a strength and conditioning brand that combines weightlifting, sprinting, gymnastics, power lifting, kettlebell training, plyometrics, rowing and medicine ball training. CrossFit contends that a healthy, fit person requires proficiency in each of ten general physical skills: cardiovascular/respiratory endurance, stamina, strength, flexibility, power, speed, agility, balance, coordination, and accuracy. Our program introduces students to Basic level CrossFit exercises.



## MPS 005 Golf

Golf is a precision club-and-ball sport, in which competing players, using many types of clubs, attempt to hit balls into each hole on a golf course while employing the fewest number of strokes. This program will be held at a suitable venue in school or a driving range.



## MPS 006 Inline Skating

Inline skating is a recreational sport practiced widely internationally. The program introduces students to the basics.



## MPS 007 Kayaking/Canoeing

Kayaking/ Canoeing is an outdoor water activity held at a designated water venue. The program will introduce students to the basics of the sport.



## MPS 008 Roller-Floorball

Roller Floorball is a form of floorball played on a dry surface using skates with wheels. The program is for intermediate to advanced inline-skaters who wish to explore additional challenges, and will teach the basics of the sport.



## MPS 009 Skateboard

Skateboarding is an action sport which involves riding and performing tricks using a skateboard. The program introduces students to the basics of the sport.



## MPS 010 SpeedTAG

SpeedTAG is a new and rising game that is played by players using NERF™ dartguns. Unlike most sports which require mainly strength, speed or agility, SpeedTAG is a sport utilizing intelligence and determination as keys to success. Having the ability to think quickly and decisively is what it takes to win the game. The program introduces students to the basics of the sport.



## MPS 011 Sport Climbing

Sport climbing is a form of rock climbing that relies on permanent anchors fixed to the rock and possibly bolts for protection. This sport places an emphasis on gymnastic-like ability, strength and endurance. The program requires an existing rock wall in school or a suitable outdoor venue.



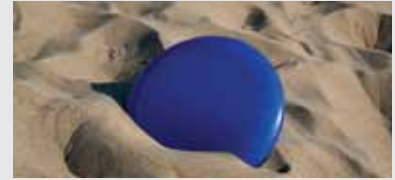
### MPS 012 TRX™ Fitness

Suspension Training is a type of bodyweight exercise in which a variety of multi-planar, compound exercise movements can be performed. These are done with the aim of developing strength, balance, flexibility and joint stability simultaneously. This program aims to introduce basic exercises to improve students' fitness levels.



### MPS 013 Water Soccer

Water soccer involves playing football in ankle-deep water. This program requires setup of a water-soccer pitch and will expose students to an exciting variant of a popular sport.



### MPS 014 Ultimate Frisbee

Ultimate Frisbee is a non-contact sport played with a flying disc. The objective of the game is to score points by passing the disc to a player in the opposing end zone, similar to an end zone in American football or rugby. The program will introduce students to the basics of the sport.

## Self-Defence



### MSD 001 Karate (Goju-Ryu)

Karate is a striking art using punching, kicking, knee and elbow strikes, and open-handed techniques such as knife-hands. Grappling, locks, restraints, throws and vital point strikes are taught in some styles. The program will introduce students to the basics of the sport.



### MSD 002 Taekwondo

A Korean martial art and the national sport of South Korea, taekwondo may be loosely translated as "the art of the foot and fist" or "the art of kicking and punching." It combines combat techniques, self-defence, sport, exercise and in some cases meditation and philosophy. The program will introduce students to the basics of the sport.



### MSD 003 Muay Thai

A combat sport from Thailand that uses stand-up striking along with various clinching techniques Muay Thai is referred to as the "Art of Eight Limbs" or the "Science of Eight Limbs" because it makes use of punches, kicks, elbows and knee strikes, thus using eight "points of contact". The program will introduce students to the basics of the sport.



### MSD 004 Wrestling

Wrestling is a form of grappling type techniques such as clinch fighting, throws and takedowns, joint locks, pins and other grappling holds. The program will introduce students to the basics of the sport.



### MSD 005 Wushu

The sport of Wushu is both an exhibition and a full-contact sport derived from traditional Chinese martial arts. The program will introduce students to the basics of the sport.

## Water Sports

### MWS 001 Dragonboat

The team paddling sport of dragon boat racing is an amateur water sport which has its roots in an ancient folk ritual of contending villagers held over the past 2000 years throughout southern China. Our program introduces students to the basics, and the course will be conducted at a suitable water venue.

### MWS 002 Kayaking/ Canoeing

The course focuses on learning the basic skills and paddle strokes in kayaking. Participants will build self confidence, self esteem and endurance. They will understand the different categories of kayak and be proficient in handling kayak rescue techniques.

#### Other athletic programs offered:

- MWS 003 Swimming
- MWS 004 Water Polo



# Ball Sports



## MBS 001 Badminton

Badminton is a racquet sport played by either two opposing players (singles) or two opposing pairs (doubles). The program will introduce students to the basics of the sport.



## MBS 002 Basketball

Basketball is a team sport in which two teams of five players try to score points by throwing or "shooting" a ball through the top of a basketball hoop while following a set of rules. The program will introduce students to the basics of the sport.



## MBS 003 Dodgeball

Dodgeball is any of a variety of games in which players try to hit other players on the opposing team with balls while avoiding being hit. The program will introduce students to the basics of the sport.



## MBS 004 Handball

Handball is a team sport in which two teams of seven players each, pass a ball to throw it into the goal of the other team. The program will introduce students to the basics of the sport.



## MBS 005 Floorball

Floorball, a type of floor hockey, is an indoor team sport which was developed in the 1970s in Sweden. The program will introduce students to the basics of the sport.



## MBS 006 Futsal

Futsal is a variant of soccer that is played on a smaller pitch and mainly played indoors. The program will introduce students to the basics of the sport.



## MBS 007 Mini-Tennis

Tennis is a sport usually played between two players (singles) or between two teams of two players each (doubles). The program will introduce students to the basics of the sport.



## MBS 008 Netball

Netball is a ball sport played between two teams of seven players. The sport derived from early versions of basketball and is similar to it in many respects. The program will introduce students to the basics of the sport.



## MBS 009 Soccer

Soccer is a sport played between two teams of eleven players with a spherical ball. The object of the game is to score by driving the ball into the opposing goal. The program will introduce students to the basics of the sport.



## MBS 010 Tchoukball

Tchoukball (pronounced chukeball) is an indoor team sport developed in the 1970s. The program will introduce students to the basics of the sport.



### MBS 011 Touch Football

Touch is a field sport also known as Touch Football, or Touch Rugby. Touch originated directly from the sport of rugby in the 1960s, with the tackle of opposing players replaced by a touch. The program will introduce students to the basics of the sport.



### MBS 012 T-ball for Fitness

Tee Ball or T-Ball is a sport based on baseball and is intended as a vehicle to deliver fitness training for students.

**Other Ball Sports offered:**

- MBS 013 Hockey
- MBS 014 Softball/Baseball
- MBS 015 Volleyball

## Dance Fitness



### MDF 001 Dance Aerobics *(Focused on stamina and endurance)*

Build stamina and endurance with Mastereign's Dance Aerobics Programme. This programme is great for Sports Day or Aces Day. Bring the crowd together in an all out fitness Dance routine. Build your psycho motor skills with repetitive dance movements which are designed to increase your overall stamina and endurance.



### MDF 002 Dance Bodies *(Focused on Body Isolation and Strength Development)*

In Mastereign's Dance Bodies programme, we aim to condition your body to isolate the muscle groups and to develop their muscular strength. With dance routines that are technique based, not only do you develop the individual muscle groups, your execution in selected dance techniques will also be a cut above the rest.



### MDF 003 Cheer On! Dance On!

Inspired by the Cheer Dance Movie Series by Christina Milian? Cheer On! Dance On! is a dance programme inspired by spirit of cheer leading and how it has evolved to fuse with other dance forms such as Hip Hop. Cheer On! Dance On! is a programme targeted at bringing out the competitive spirit in our youths and showing them

## Fitness Fusion



### MFF 001 Interactive Dance Sport *(Fused with Sports)*

Play with musical sound effects produced by sporting activities ranging from basketball to bowling to archery and martial arts. Interact with your fellow dance mates in creating audio visual effects that is definitely a treat to watch. Study the technical skills involved in the selected sports and understand the physical play. What's more, execute the entire repertoire of movements as a dance performance.



#### MFF 002 **From Capoeira to B-Boy** *(Fused with Sports)*

Two cultures which seemed to be fathered from the other. However, according to the saying, Capoeira and B Boying (Break Dance) may not be directly related. One started in the 1500s and the other surfaced in the late 1950s. Dig deep into the roots of B Boying and Capoeira with Mastereign's very own "From Capoeira to B-Boy" Dance programme, learning the movements involved in these two very similar art forms sharing an ancestry all the way back to its African fore-fathers.



#### MFF 004 **Mastereign Hip Hop Fitness**

Boom! Pow! Wack! Try out our new explosive Hip Hop Fitness Workout routines in an effort to burst those sweat pants and get down to serious fat burning and stamina building. Hip Hop has been known to have its fair share of anger management and with a hardcore Krump display of dance moves, you are bound to let out all those frustrations and build your fitness level all at the same time.



#### MFF 006 **Mastereign Competitive Dance Challenge / Mastereign Hip Hop Fitness for Dance Competitions**

What's more important in any competition than the spirit of sportsmanship? In Mastereign Competitive Dance Challenge programme, the participants are simulated in a competition scenario and taught the lessons of team spirit, perseverance and not the least, what it means to be a sportsman. Undergoing a pre-choreographed dance routine involving team work and basic stunts. The participants not only challenge the other competitors but more importantly themselves.

#### MFF 008 **Mastereign B-Boy Athletes**

Break Dance is the iconic street dance movement. Also known as B-Boying, this dance form is widely recognized for its athletic competencies. Master the basic movements of B-Boying with Mastereign Multisports and start building that athlete's physique. Attain a strong sense of balance and isolate your muscles with control, shaping your personal fitness level and self discipline.



#### MFF 003 **Mastereign Dance Aerobics Xpose**

Build stamina and endurance with Mastereign's Dance Aerobics Programme. This programme is great for Sports Day or Aces Day. Bring the crowd together in an all out fitness Dance routine. Build your psycho motor skills with repetitive dance movements which are designed to increase your overall stamina and endurance.



#### MFF 005 **Mastereign Jazzy Fitness/ Mastereign Street Jazz Fitness**

Are you ready for a slick and stylish Jazzy Fitness routine? Join Mastereign to build your stamina in an all out, non-stop dance workout routine. Build those core muscle groups using Jazz isolation techniques and gain full control of your body.



#### MFF 007 **Mastereign Cheerleading Fitness**

Cheer Leading Fitness is a fitness programme inspired by spirit of cheer leading. The Programme includes Gymnastic stunts from cheerleading techniques and a dance workout of pumping hip hop. Cheer Leading Fitness is targeted at bringing out the fighting spirit in our youths and showing them how to do that with groove, building teamwork and personal fitness.

#### MFF 009 **Mastereign Kickbox Dance Out**

Dance has always been an effective way of building one's personal aerobic fitness. Now with the inclusion of kickboxing, focus and rhythmic strength has also become part of the formula for a lean and mean physique. Move and groove to that non-stop pumping routine using punches and weight transfer techniques from none other than the sport of kickboxing.

# Multi Sports Events



## MME 001 Olympic Xposure

The concept of Olympic Xposure is to convene a harmonious gathering of students from different cultural and racial backgrounds to compete in a series of fun, holistic and challenging sports. These range from the ever-popular Track & Field events to fun strength and skills tournaments like archery a variety of ball games. Exposure and participation in these events is aimed at creating awareness and appreciation for the value of sports and Olympic ideals of fairplay and gamesmanship to the youths of Singapore. Participation will offer youth's hands on experience and a taste of what it is like to represent their class to compete for top honourS and hopefully, the nation in the future. It is hoped that early exposure to this smorgasbord of sports will seed a lifelong interest in active living.



## MME 002 Carnival

'Variety is the spice of life' and Mastereign aims to bring it right to your doorstep. From tried & true traditional sports to our funky interactive dance classes and adventurous designer sports, Mastereign offers an interactive approach to sports, customized to each school and student's needs. Students will be given the option of choosing one or two different sports of their choice from as many as 10 sports and dances offered during the Carnival.

# Athletics & Fitness



## SAF001 Spartan 50 Workout

The objective of the Spartan 50 Workout is to introduce strength & conditioning together with athletic movement skills to improve overall fitness. Why Spartan 50?

The number 50 can represent total reps or total distance (50m run) or total duration (50 min exercises). Get in rock hard shape with this circuit type of training.



## SAF 003 Fitness Bootcamp

Bootcamp workouts are High Intensity Training programs. Using workouts that involve calisthenics like pushups,

jumping jacks, crunches and other body weight exercises, combined with intense cardio workouts, you'll work your body to the limit and burn maximum calories.

## SAF 005 Rock Your Body Fitness

A new fun, functional, fitness program for students aged 6-20. It will help improve overall fitness and health by incorporating key body movements to build flexibility, stability and strength. The program will introduce students to the basics.

## SAF 002 Catch Them Young Talent Spotting

The "Catch Them Young" programme aims to identify budding talent for track & field and land-based sports like soccer, basketball, netball, volleyball, softball, rugby and hockey. All participants will benefit from the exercise and knowing how they fare individually in the systematic fitness evaluation.

## SAF 004 K-bell for Fitness

The kettlebell is a cast iron weight (resembling a cannonball with a handle) used to perform ballistic exercises that combine cardiovascular, strength and flexibility training. The program will introduce students to the basics.

## SAF 006 Ace Your IPPT

The "Ace Your IPPT" programme aims to educate the student in latest sport science methods which will lead improve their IPPT results. All participants will benefit from the exercise and knowing how they fare individually in the systematic fitness evaluation.

### SAF 007 Rules of the Game

This programme focuses on developing basic refereeing skills and knowledge of THREE common sports activities. It emphasizes fair play and good sportsmanship in order to develop important SEL values.

#### *Other athletic programs offered:*

MAF 009 Rope Skipping  
MAF 010 Sport Fundamentals  
MAF 011 Track & Field Fundamentals

#### *Health & Fitness Management*

MHF 001 Sports & Wellness Camp  
MHF 002 Health & Wellness Management  
MHF 003 Healthy Eating (Nutrition Talk)  
MHF 004 Physical & Mental Resiliency

### SAF 008 Fit Fab Fun

A weight management program developed by Singapore's National Track & Field Coach, Tan Wei Leong, Fit Fab Fun aims to improve students' fitness via physical exercise and awareness. The program will introduce students to the basics.



## Fusion Programs



### SFP 001 Mirror Sports Project *(Sports & Media)*

This programme aims to nurture students to be more health conscious in their daily lives. Students will learn how to reflect on their daily activities and eating habits aided by video and media recordings made during the programme. Students will learn video shooting techniques, how to create an online diary or blog for accountability, nutrition, strength & conditioning exercises, exposure to various sports to keep things interesting. Reflection & goal-setting will be included in the module.

### SFP 003 Sports Leadership Hothouse *(Sports, Leadership & Adventure)*

This programme aims to identify sports leaders in all sports CCAs. Programmes from both Multisport and Adventure divisions have elements of leadership training. Hence the aim is to support schools in identifying their hidden potential in sports leaders within their student ranks for all sports. Throughout the 10-week program, Achievers, Adventure and Multisport trainers will jointly conduct the following activities:

- Adventure Sports Leadership module
- Basic Sports Officiating module
- Sports Ethics module
- Sports Leadership module

### SFP 002 Mega Sports Day *(Sports, Performing Arts & Event Management)*

Let the Mastereign team provide organizational expertise to conduct your sporting and carnival events! The Mastereign Fusion team will rekindle and enhance the magic of such events through professional sports meet organization and logistical support as well as the infusion of cheer and colour evoked in music and performance. School sports days will again be a memorable part of students' schooling experience. The Mega Sports Day will entail a 4-week preparation before the main event. During these four weeks, all Mastereign Fusion team members will engage the schools staff and students in the following ways:

- Basic Video Technique
- Basic Sports Official module
- Dance module
- Sport Leadership module
- Basic Design of Banners and Cheering Routines.

### SFP 004 Rhythmic Advantage *(Sports & Music)*

This program aims to develop students' musical rhythm skills through percussion via basketball. It is a rare opportunity for students to appreciate sport and music in one program.

# Our Partner Schools

## North Zone

- Admiralty Primary School
- Ahmad Ibrahim Primary School
- Anchor Green Primary School
- Anderson Primary School
- Canberra Primary School
- CHIJ (OLN) Primary School
- CHIJ St Nicholas (Primary School)
- Chongfu Primary School
- Compassvale Primary School
- Endeavour Primary School
- Evergreen Primary School
- Fernvale Primary School
- Fuchun Primary School
- Greendale Primary School
- Greenwood Primary School
- Horizon Primary School
- Huamin Primary School
- Innova Primary School
- Jiemin Primary School
- Maris Stella High (Primary School)
- Marsiling Primary School
- Mayflower Primary School
- Mee Toh School
- Montfort Junior School
- Nan Chiau Primary School
- Naval Base Primary School
- North Spring Primary School
- North View Primary School
- North Vista Primary School
- Northland Primary School
- Peiyong Primary School
- Punggol Primary School
- Qihua Primary School
- Rivervale Primary School
- Rosyth School
- Sembawang Primary School
- Seng Kang Primary School
- Si Ling Primary School
- Wellington Primary School
- Woodgrove Primary School
- Woodlands Primary School
- Woodlands Ring Primary School
- Xinmin Primary School
- Xishan Primary School
- Yio Chu Kang Primary School
- Yishun Primary School
- Admiralty Secondary School
- Ahmad Ibrahim Secondary School
- Anderson Secondary School
- Bowen Secondary School
- Canberra Secondary School
- CHIJ St Joseph's Convent
- CHIJ St Nicholas (Secondary School)
- Christ Church Secondary School
- Chung Cheng High Sch (Yishun)
- Compassvale Secondary School
- Deyi Secondary School
- Evergreen Secondary School
- Fuchun Secondary School
- Greendale Secondary School
- Hougang Secondary School
- Maris Stella High (Secondary School)
- Marsiling Secondary School
- Montfort Secondary School
- Nan Chiau High School
- Naval Base Secondary School
- North View Secondary School
- North Vista Secondary School
- Northbrooks Secondary School
- Northland Secondary School
- Orchid Park Secondary School
- Pei Hwa Secondary School
- Presbyterian High School
- Punggol Secondary School
- Riverside Secondary School
- Sembawang Secondary School
- Seng Kang Secondary School
- Serangoon Secondary School
- Si Ling Secondary School
- Singapore Sports School
- Woodgrove Secondary School
- Woodlands Ring Secondary School
- Woodlands Secondary School
- Xinmin Secondary School
- Yio Chu Kang Secondary School
- Yishun Secondary School
- Yishun Town Secondary School
- Anderson Junior College
- Serangoon Junior College
- Yishun Junior College

## South Zone

- Ai Tong School
- Ang Mo Kio Primary School
- Anglo-Chinese Junior
- Anglo-Chinese Primary School
- Balestier Hill Primary School
- Bendemeer Primary School
- Blangah Rise Primary School
- Catholic High School
- Cedar Primary School
- CHIJ (Kellock)
- CHIJ (Toa Payoh) Primary School
- CHIJ-Our Lady of Good Counsel
- Da Qiao Primary School
- Fairfield Methodist School (Primary School)
- Farrer Park Primary School
- First Toa Payoh Primary School
- Gan Eng Seng Primary School
- Guangyang Primary School
- Holy Innocents' Primary School
- Hong Wen School
- Jing Shan Primary School
- Kheng Cheng School
- Kuo Chuan Presbyterian Primary School
- Marymount Convent School
- New Town Primary School
- Pei Chun Public School
- Pei Tong Primary School
- Queenstown Primary School
- Radin Mas Primary School
- Raffles Girls' Primary School
- River Valley Primary School
- St Andrew's Junior School
- St Gabriel's Primary School
- St Joseph's Institution Junior
- St Margaret's Primary School
- Teck Ghee Primary School
- Townsville Primary School
- Xinghua Primary School
- Yangzheng Primary School
- Zhangde Primary School
- Zhonghua Primary School
- ACS (Independent)
- Ang Mo Kio Secondary School
- Anglo-Chinese (Barker Road) Secondary School
- Balestier Hill Secondary School
- Bartley Secondary School
- Beatty Secondary School
- Bendemeer Secondary School
- Bishan Park Secondary School
- Bukit Merah Secondary School
- Cedar Girls' Secondary School
- CHIJ Secondary School (Toa Payoh)
- CHIJ St Theresa's Convent
- Chong Boon Secondary School
- Clementi Woods Secondary School
- Crescent Girls' School
- Fairfield Methodist School (Secondary School)
- First Toa Payoh Secondary School
- Gan Eng Seng School
- Guangyang Secondary School
- Henderson Secondary School
- Holy Innocents' High School
- Kent Ridge Secondary School
- Kuo Chuan Presbyterian Secondary School
- Mayflower Secondary School
- Outram Secondary School
- Peicai Secondary School
- Peirce Secondary School
- Queenstown Secondary School
- Queensway Secondary School
- Raffles Institution
- Serangoon Garden Secondary School
- Singapore Chinese Girls' School
- St Andrew's Secondary School
- St Gabriel's Secondary School
- St Joseph's Institution
- St Margaret's Secondary School
- Whitley Secondary School
- Yuying Secondary School
- Zhonghua Secondary School
- National Junior College
- Nanyang Junior College

## East Zone

- Bedok Green Primary School
- Bedok West Primary School
- Canossa Convent Primary School
- Casuarina Primary School
- Changkat Primary School
- CHIJ Katong Primary School
- Chongzheng Primary School
- Coral Primary School
- Damai Primary School
- East Coast Primary School
- East Spring Primary School
- East View Primary School
- Elias Park Primary School
- Eunoss Primary School
- Fengshan Primary School
- Geylang Methodist School (Primary)
- Gongshang Primary School
- Griffiths Primary School
- Haig Girls' School
- Junyuan Primary School
- Loyang Primary School
- Maha Bodhi School
- Meridian Primary School
- Ngee Ann Primary School
- Northlight School
- Opera Estate Primary School
- Park View Primary School
- Pasir Ris Primary School
- Paya Lebar Methodist Girls Secondary School
- Poi Ching School
- Qiaonan Primary School
- St Anthony's Canossian Primary School
- St Hilda's Primary School
- St Stephen's Primary School
- Tampines North Primary School
- Tampines Primary School
- Tanjong Katong Primary School
- Tao Nan School
- Telok Kurau Primary School
- Temasek Primary School
- White Sands Primary School
- Yu Neng Primary School
- Yumin Primary School
- Anglican High School
- Bedok Green Secondary School
- Bedok North Secondary School
- Bedok South Secondary School
- Bedok Town Secondary School
- Bedok View Secondary School
- Broadrick Secondary School
- Chai Chee Secondary School
- Changkat Changi Secondary School
- CHIJ Katong Convent
- Chung Cheng High School (Main)
- Coral Secondary School
- Damai Secondary School
- Dunman High School
- Dunman Secondary School
- East Spring Secondary School
- East View Secondary School
- Geylang Methodist School (Secondary)
- Greenview Secondary School
- Hai Sing Catholic
- Junyuan Secondary School
- Loyang Secondary School
- MacPherson Secondary School
- Manjusri Secondary School
- Ngee Ann Secondary School
- Pasir Ris Crest Secondary School
- Pasir Ris Secondary School
- Paya Lebar Methodist Girls Primary School
- Ping Yi Secondary School
- Siglap Secondary School
- Springfield Secondary School
- St Anthony's Canossian Secondary School
- St Hilda's Secondary School
- St Patrick's School
- Tampines Secondary School
- Tanjong Katong Girls'
- Tanjong Katong Secondary School
- Telok Kurau Secondary School
- Temasek Secondary School
- Victoria School
- Tampines Junior College
- Temasek Junior College
- Victoria Junior College

## West Zone

- Assumption Pathway School
- Beacon Primary School
- Boon Lay Garden Primary School
- Bukit Panjang Primary School
- Bukit Timah Primary School
- Bukit View Primary School
- CHIJ (Our Lady Queen of Peace)
- Chua Chu Kang Primary School
- Clementi Primary School
- Concord Primary School
- Corporation Primary School
- Dazhong Primary School
- De La Salle School
- Fuhua Primary School
- Greenridge Primary School
- Henry Park Primary School
- Hong Kah Primary School
- Jurong Primary School
- Jurong West Primary School
- Juying Primary School
- Keming Primary School
- Kranji Primary School
- Lakeside Primary School
- Lianhua Primary School
- Methodist Girls' School (Primary School)
- Nan Hua Primary School
- Nanyang Primary School
- Pei Hwa Presbyterian Primary School
- Pioneer Primary School
- Princess Elizabeth Primary School
- Qifa Primary School
- Rulang Primary School
- Shuqun Primary School
- South View Primary School
- St Anthony's Primary School
- Teck Whye Primary School
- Unity Primary School
- West Grove Primary School
- West View Primary School
- Xingnan Primary School
- Yew Tee Primary School
- Yuhua Primary School
- Zhenghua Primary School
- Assumption English School
- Boon Lay Secondary School
- Bukit Batok Secondary School
- Bukit Panjang Government High School
- Bukit View Secondary School
- Chestnut Drive Secondary School
- Chua Chu Kang Secondary School
- Clementi Town Secondary School
- Dunearn Secondary School
- Fajar Secondary School
- Fuhua Secondary School
- Greenridge Secondary School
- Hillgrove Secondary School
- Hong Kah Secondary School
- Hua Yi Secondary School
- Hwa Chong Institution
- Jurong Secondary School
- Jurong West Secondary School
- Jurongville Secondary School
- Juying Secondary School
- Kranji Secondary School
- Nan Hua High School
- Nanyang Girls' High School
- New Town Secondary School
- NUS High School of Math and Science
- Pioneer Secondary School
- Regent Secondary School
- River Valley High School
- Shuqun Secondary School
- Swiss Cottage Secondary School
- Tanglin Secondary School
- Teck Whye Secondary School
- Unity Secondary School
- West Spring Secondary School
- Westwood Secondary School
- Yuan Ching Secondary School
- Yuhua Secondary School
- Yusof Ishak Secondary School
- Zhenghua Secondary School
- Anglo-Chinese Junior College
- Jurong Junior College
- Millennia Institute
- Pioneer Junior College



Should you require more information, please contact our education consultants at (65) 6836 6466 or write to [info@mastereign.com](mailto:info@mastereign.com) to make appointments for further discussion.

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